

# *Hotel Lagarta Lodge - Reserva Biológica Nosara*

## *Ambiance – Culture - Nature*

**Our most important activities in order to comply with our sustainable goals:**

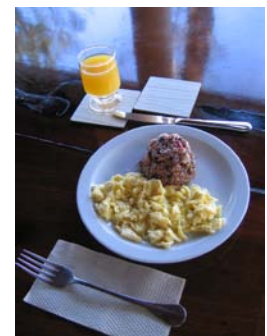


- We founded & conserve the Nosara Biological Reserve.
- In the garden and in the Biological Reserve grow mainly native plants of the region which are identified and signed.
- We avoid the use of chemical fertilizers, insecticides and herbicides in the garden.
- We do not use electric apparatus for the maintenance of the garden and Biological Reserve.
- We prohibit the extraction of plants & wildlife and we avoid their commercialization
- We respect the following laws according to the environment:  
Ley Zona Marítimo Terrestre, Ley de Conservación de Vida Silvestre, Ley Patrimonio Nacional, Ley del Ambiente

- We participate in the Nosara Civic Association, the Nosara Ecological Blue Flag Program and in the Nosara Sustainable Committee. All these organizations have the purpose to maintain and improve the beauty of the Nosara area in a sustainable way including the local community.



- We reduce the consumption of water & energy in all parts of the hotel.
- We use natural ventilation and shade to procure an agreeable environment.
- The A/C in the superior rooms are latest technology and well maintained.
- We line dry our laundry (there are exceptions in rainy season).
- We buy fresh, local and (always when possible) organic produce.
- On our menu we offer regional and typical costarican dishes.
- We buy in bulk to reduce the amount of unnecessary packaging.
- We reuse glass bottles and use reusable dishes for serving butter, jam, honey, sauces, etc.



- We separate our trash (organic-solid).
- We recycle whenever possible (Pet, plastic, aluminum, glass, batteries, used oil from the kitchen) working together with a local recycle management.
- We use as our first choice biodegradable cleaning products in recyclable or reusable packages. We use dispenser container.
- Those guest they like to help us with the beach & rivermouth cleaning are always welcome.



- The tours and activities that we provide promote constructive interactions between the guest, the community and nature.
- We support the Ostional Wildlife Refuge by booking the turtle tours for our guests only with official guides from the MINAET



- We organize cultural events at Lagarta Lodge which shows traditions from Guanacaste like Marimba music, we show typical dresses, dances a.s.o. This to entertain our guests and to support local artists to generate better income.



- We promote the events in the local village and motivate the guests to visit the local Fiestas, Horseshows, Soccer Games, Celebrations of National Day... We recomend tours & services from local tour businesses — see: [www.lagarta.com/activities](http://www.lagarta.com/activities).



- We use and consume local goods as our first choice. Our furniture is mainly made in Nosara, the Rocking Chairs are from Sarchí a.s.o.
- We sell local and national handicrafts in our hotel shop.

- We help children from local schools by supporting the Kitson Library, Surfing Nosara Foundation (art programs) and the Escuelita de Nosara (Summer School Program).

- We educate children from the Nosara private & local schools offering them free tours through the Biological Reserve. This to rise their consciousness about environmental aspects and the importance to preserve our rivers & forests.



- We protect children & adolescents from sexual exploitation and have signed the Code of Conduct (Law against Sexual Exploitation).

- The majority of our employees are from the village of Nosara. We respect the Law for Equal Opportunities and we give our employees the opportunity for an adequate training.



Narziso uses the fire-extinguisher



Paulina & Leda received Maid – training from INA-Instructor

- **With only twelve rooms, Lagarta Lodge is small, with the intention of producing the least possible impact to the environment.**