

Our most important activities in order to comply with our sustainable goals:

- We conserve the Nosara Biological Reserve (administration and management).
- In the garden and in the Biological reserve grow mainly native plants of the region which are identified and signed.
- We avoid the use of chemical fertilizers, insecticides and herbicides in the garden.
- We do not use electric apparatus for the maintenance of the garden and Biological Reserve.
- We prohibit the extraction of plants and wildlife and we avoid their commercialization.
- We don't maintain wild animals in captivity and we don't feed them.
- We participate in the Nosara Civic Association, the Nosara Ecological Blue Flag Program and the Ostional National Wildlife Refuge, supporting the protection of the Olive Ridley Turtles.
- We reduce the consumption of water in all parts of the hotel.
- We reduce the consumption of energy in all parts of the hotel.
- We use natural ventilation and shade to procure an agreeable environment.
- We line dry our laundry.
- We buy fresh, local and (always when possible) organic produce.
- On our menu we offer regional dishes. Our chicken is hormone-free.
- We buy in bulk to reduce the amount of unnecessary packaging.
- We reuse glass bottles and use reusable dishes for serving butter, jam, honey, sauces, etc.
- We separate our trash (organic-solid).
- We recycle whenever possible (Pet, plastic, aluminium, glass, paper) using a local system of garbage management.
- We use as our first choice biodegradable cleaning products in recyclable or reusable packages. We use dispenser container.
- The tours and activities that we provide promote constructive interactions between the guest, the community and nature.
- We offer historical-cultural, ecological and socio-cultural information of the region.
- We use and consume local goods as our first choice.
- We sell local and national handicrafts in our hotel shop.
- The majority of our employees are from Nosara.
- With only six rooms, Lagarta Lodge is small, with the intention of producing the least possible impact to the environment.